



changing the
lives of adults
with learning
disabilities
forever.



The Helping
Hands Group

www.thehelpinghandsgroup.org.uk





About Us

The Helping Hands Group was founded in 2011 by Suzanne Gilby who has over 30 years experience in working with adults with Learning Disabilities, Suzanne is locally renowned for her long service and was recognised for this in 2019 by the City of Peterborough by being awarded a Civic Award at The Town Hall.

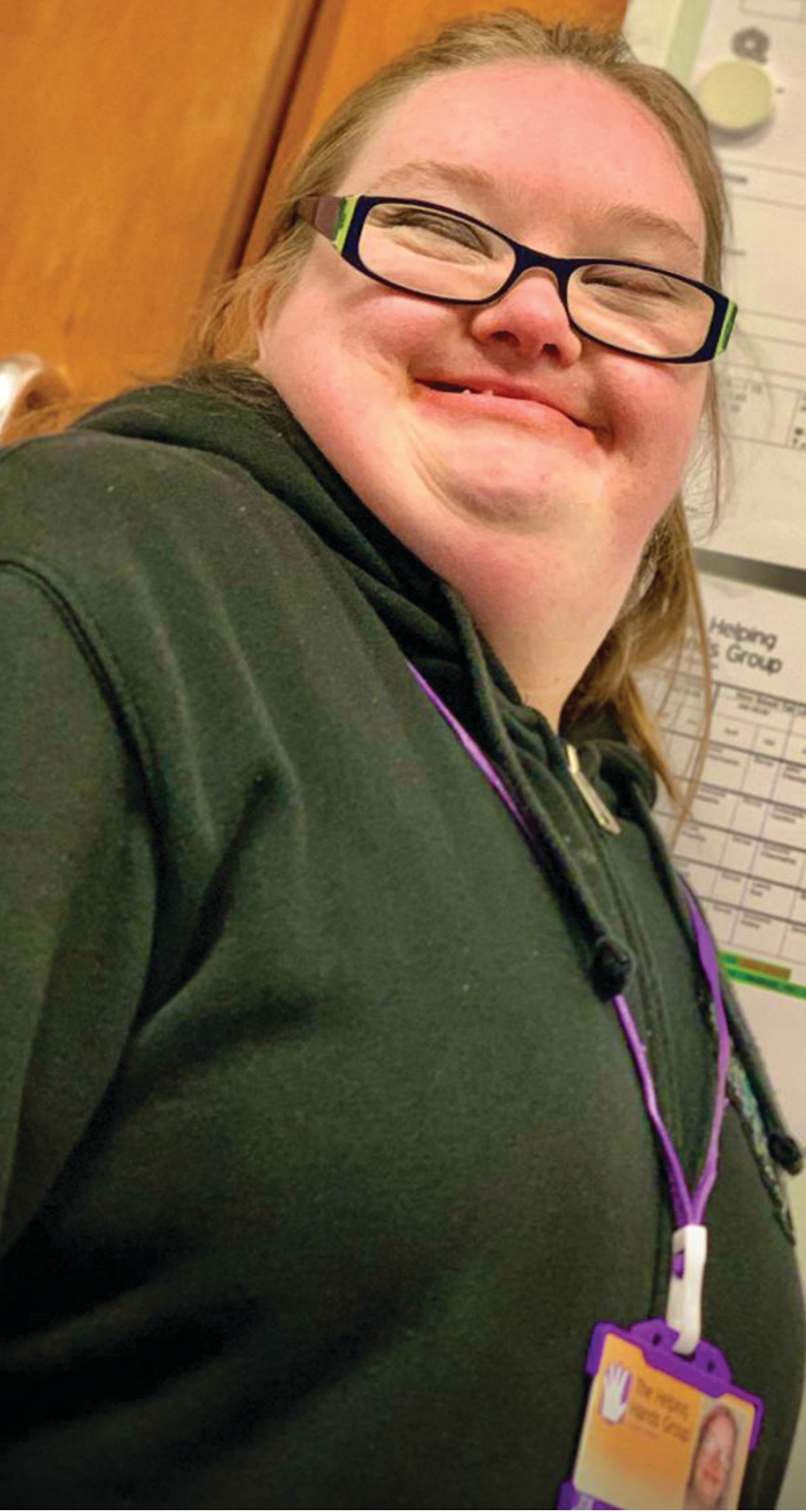
Spread across three sites, our centres offer Day Opportunities, Education, Work Skills and Work Experience to anyone 16+ with a learning/physical disability.

Unlike traditional 'Day Centres' The Helping Hands Group offer packages centred around each individual, maximising on progression in key areas, our staff are highly qualified in various methods of communication including sign language, symbols and communication aids as we promote the use of a holistic communication approach.

Across our centres we are proud to offer Catering, Hydrotherapy, Up-Cycling, Construction, Horticulture and also Motor Mechanics as well as Arts and Crafts, Hair and Beauty, Dance and Fitness and Education based sessions.

The Helping Hands Group were recognised at the 2021 GHP Social Care Awards. Picking up the 'Most Dedicated Adult Learning Disability Day Service' in Cambridgeshire award.

We look forward to hearing from you.



THE HELPING HANDS GROUP

MONTHLY MEETING SCHEDULE

MEETING SCHEDULE - JANUARY

DATE	TIME	LOCATION	ATTENDANCE	NOTES
Jan 1	10:00 AM	Room 1	10	
Jan 2	10:00 AM	Room 1	10	
Jan 3	10:00 AM	Room 1	10	
Jan 4	10:00 AM	Room 1	10	
Jan 5	10:00 AM	Room 1	10	
Jan 6	10:00 AM	Room 1	10	
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Jan 29	10:00 AM	Room 1	10	
Jan 30	10:00 AM	Room 1	10	
Jan 31	10:00 AM	Room 1	10	

UNIQUE DATA - MONTHLY PERLAKE

PERLAKE

PERLAKE

Please ensure all data is entered into the system by the 1st of the month. Any data entered after this date will be considered late data.

Helping Hands Group

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TRANSPORT PERLAKE INFO

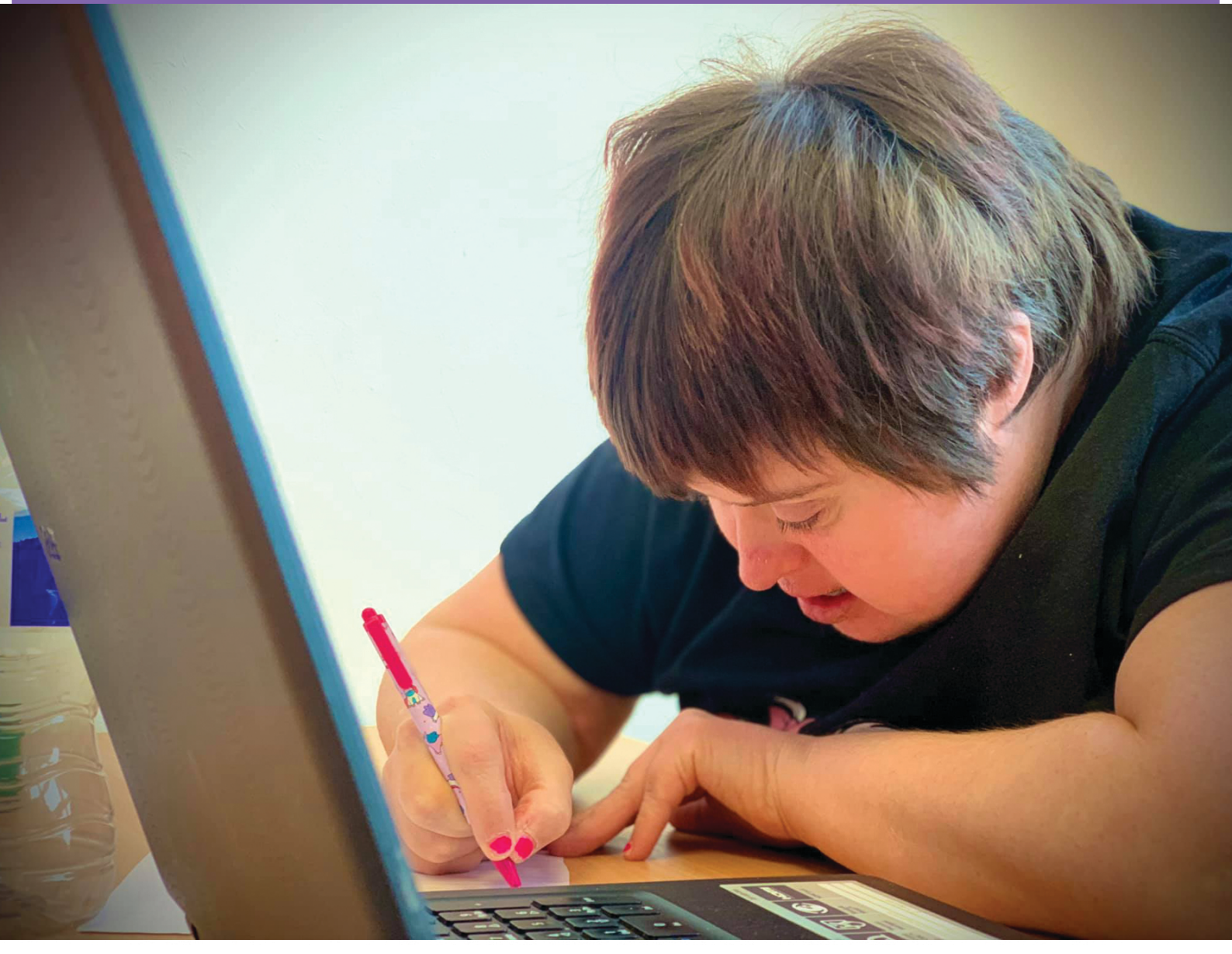
- All staff to be transported to the site at 10:00 AM on the 1st of the month.
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"The Helping Hands Group are wonderful,
I know I wouldn't have survived the past 10
years without them.

They are an extended family for Daniel and
he would not be the confident man he is now
without them.

Absolutely brilliant service!"

- A Happy Parent 2021





Our Staff

All of our staff are highly trained upon recruitment to The Helping Hands Group. Induction training includes:

National Care Certificate, First Aid, MAPA (Behaviour Support), **Moving and Handling, MCA and DOLS** (Mental Capacity Act and Deprivation of Liberty Safeguards) **Safe Guarding, Personal Care, Fire Safety, Infection Control, Food Hygiene, Eating and Drinking, Epilepsy and Buccal Administration, Medication Administration**

Compulsory refresher training is then undertaken on a regular basis, and to further enhance this mandatory training, we also pride ourselves in delivering a wide range of study programmes for all levels of staff, for example:

Diabetes

PTTLS (Preparing to teach in life long learning sector), **Awareness of Autism, Challenging Behaviour, Awareness in Learning Disabilities.**

A wide range of Level 2/3 courses are also available.





Charford House - Peterborough



Fenlake - Peterborough



Algores Way - Wisbech



OUR VISION

To enable our vision to be met we will:

Listen to individuals and families we support and respond accordingly.

Provide motivating and meaningful opportunities in order for each individual to achieve.

Promote a safe, inviting and healthy environment.

Offer a unique experience where all individuals are treated with equal respect.

OUR VALUES

A person centred approach.

Empowering every individual in making their own choices.

Giving everyone the opportunity to transform their lives.

Providing a service that offers equality and diversity.

Enabling individuals to be fully involved in the local community.

OUR MISSION

To enable all individuals with learning and/or physical disabilities to:

Live their lives to their full potential.

Access Further Education and Day Opportunities.

Be as independent as possible in all areas of their lives.

Have their views and opinions listened to.

Be involved in their future aspirations.

OUR AIMS

To promote independence.

Develop life skills.

Establish positive communication methods.

Provide opportunities to make choices.

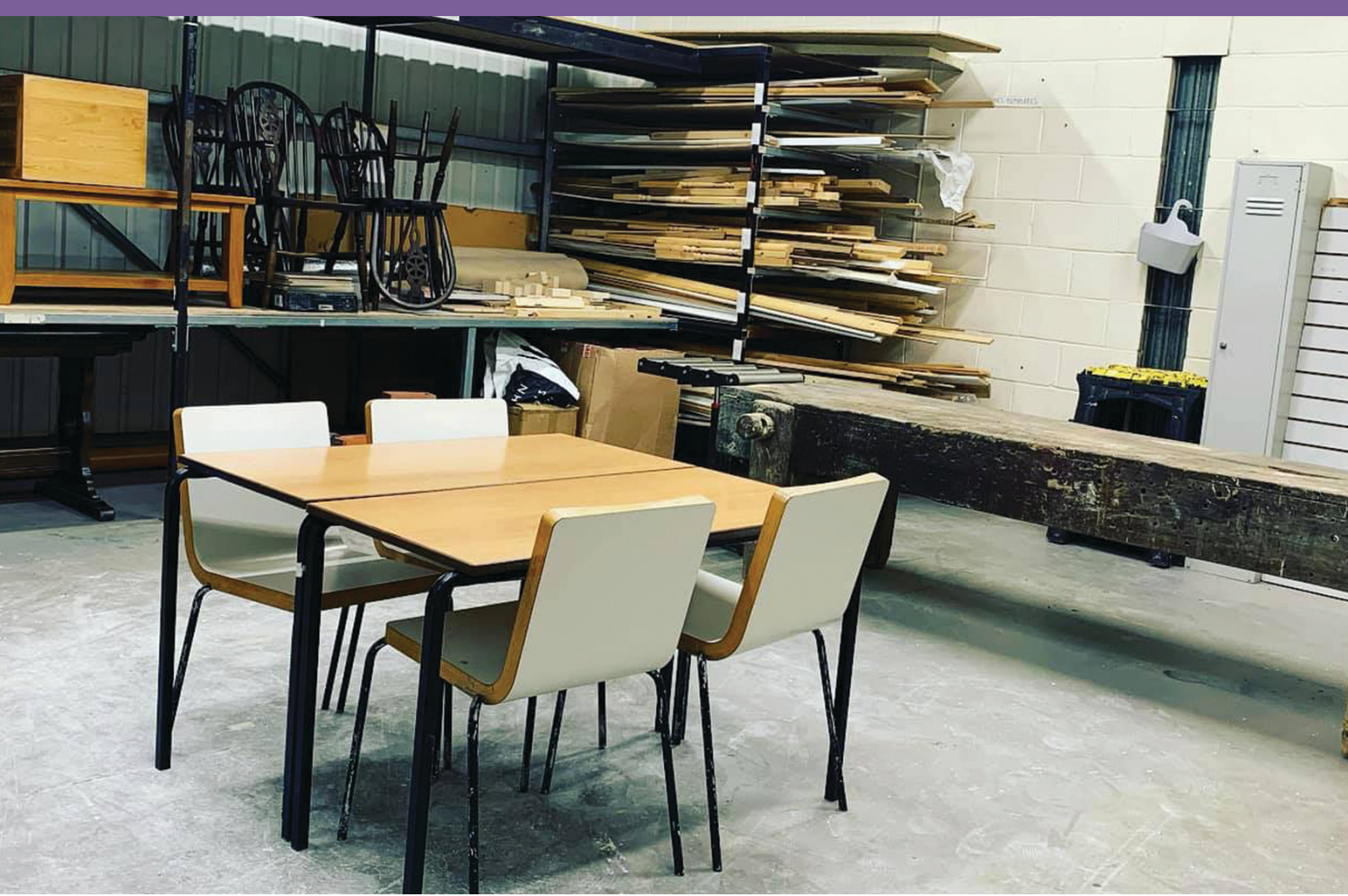
Encourage involvement within the community.

Experience a range of enrichment activities.

To provide a safe and healthy learning environment







PETERBOROUGH

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Peterborough, PE1 5XL

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WISBECH

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www.thehelpinghandsgroup.org.uk

Follow us on social media @thehelpinghandsgroup



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